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Positive Living BC Peer Navigation Services

Target Groups and Populations:

Clients newly diagnosed with HIV HIV+ clients reconnecting /enhancing care, MSM, youth, women, men, transgendered

Inputs

Navigation Coordinator 4 Peer Navigators Art Director, Psychologist sessions (EAP)

STOP Outreach Team. PHC and others (referral/linkages)

Partner agency staff:

- YouthCO Positive Women's Network

Curricula:

Peer Navigator training Motivational interviewing Client self-management

Materials (promotion, education) Equipment, Travel, Rent, Partner agency support

Activities

Navigator trained: adult ed. peer counseling, HIV health issues, MI, harm reduction strategies, community resources

Clients are referred to navigator Navigator engages with client and assesses needs

Navigator meets client for 3-5 individual visits and a follow-up visit four months later

Navigator provides HIV+ educational curriculum. supports client in developing personal action plans

Risk behaviour assessment completed, harm reduction strategies discussed and selected

Mental health and social networking referrals and engagement

Referral to appropriate Community partners, Health services, Consultations, Support groups, etc.

Pilot / refine ways of working together between peer navigation and service partner organizations

Outputs

Peers complete training

Client completes self-management and navigation support sessions

Client linked to medical care for HIV. healthy living and emotional supports

Client follows through with physician visits, CD4 Count and Viral Load every 4 months

Uptake of antiretroviral therapy when client is clinically eligible and adherence at ≥ 95% with relevant supports

Short-term **Outcomes**

Peers have Increased Knowledge & self-confidence to provide HIV self-management support Client has increased knowledge of HIV effects on the body. monitoring, treatment and healthy living options

Client has increased self-confidence to self-manage living with HIV

Client has high satisfaction with Peer Navigator services

Partner agencies and STOP team staff are satisfied with coordination and collaboration

Intermediate Outcomes

Client decreases risk taking behaviour

Client makes appropriate changes to adopt healthy living behaviour

Client seeks. receives and provides social support as relevant

Long-term **Outcomes**

Reduction in new HIV infections

Reduced HIV related morbidity and mortality

Demonstrated cost-effectiveness